

REQUIREMENTS AND CEREMONIES FOR The Five Precepts (Pañca Sīla) The Eight Precepts with Right Livelihood as the Eighth (Ājīvattthamaka Sīla) Dhamma Teachers Certificate in Buddhism

18 December 2025

Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006). (February 2010 updated edition).

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“The development and use of the Eight Precepts for lay practitioners, Upasakas and Upasikas in Theravada Buddhism in the West”, Jacquetta Gomes, *Contemporary Buddhism*, Volume 5(1) (May 2004) 47-63. (ISSN 1463-9947). DOI: [10.1080/1463994042000249535](https://doi.org/10.1080/1463994042000249535)
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Books

Balangoda Ananda Maitreya, Venerable, and Jayasili (Jacquetta Gomes). *Introducing Buddhism*. 2007. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN074) (This includes the booklet: *Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate*, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006)

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Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara. *Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate*, issued by the Buddhist

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